



FRESH HOPE FOUNDATION

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REPORT OF FRESH HOPE FOUNDATION SKILL ACQUISITION WORKSHOP, SEPTEMBER 2023

SUBJECT: Workshop on household detergent production



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PROJECT BACKGROUND

For over seven years now, the Northwest and South west Regions of Cameroon have been suffering socio-political crisis and the Bwitingi community located in the Buea subdivision of the South west Region of Cameroon isn't exempted from the effects of this socio-political crisis which has greatly affected the economic situation of most communities within the North west and South West Regions including the Bwitingi Community, this has brought untold suffering and poverty amongst many individuals and families causing them to be unable to meet up with their basic needs talk less of having extra money to support their families,

It is against this backdrop that the Fresh Hope Foundation NGO (FHF) decided to embark on a project to train twelve young girls/idps at the Bwitingi community on household detergent production ie Liquid soap production, bar soap production and Javel production during which we had several educative sessions ranging from theoretical interactive lessons to the practical sessions which allowed the various production methods to be displayed practically.

It was such an interesting and interactive session which left all the participants greatly satisfied throughout all the sessions as we see below...

VENUE, TARGET AND DATE OF WORKSHOP

- **Venue:** Bwitingi Community Buea, South West Region Cameroon
- **Target:** Train 12 young girls/idps with income generating skills.
- **Date:** 26th to 27th September 2023

FRESH HOPE FOUNDATION SKILL ACQUISITION WORKSHOP

ATTENDANCE SHEET

SN	NAME	CONTACT	ID CARD No
1	SHEI SHALLOTE MULIH	674228083	KIT 117
2	CHIA FRANKA M.	681202606	500213966
3	EPOSI BERYL-ANN EKOMBE	674425716	101684379
4	LYDIA NANYONGE EKO	677240153	KIT211
5	KAME HELEN KWASINWI	652885666	//
6	JALACK BONSEN	676879197	KIT342
7	MALIVA GINA MBONE	650315141	101279193193
8	JOY RINYU TAWONG	677121866	//
9	ESTHER TIBESA	677644041	KIT075
10	NGONDA EVELINE	671686338	000830666
11	MBAKA GRACE MENGIE	679655108	KIT 113
12	LIENGU MARTHA NJOME	671144068	117172324

Day One: Tuesday 26th September 2023

- Day one began with assembly of all participants.
- Then we moved into a welcome and self-introductory session of all participants.
- Next was background and overview of the Fresh Hope Foundation.
- Then we had a brief time of encouragement and preaching about Jesus Christ.
- Then we had introduction of the trainer.
- Next was getting the expectations of the participants for the training.



Session One: Liquid soap production

All the Sessions were made up of both theory and practical which featured the following...

- Outlining all the different materials to be used for the liquid soap production.
- Explanation of the detail procedure for the two methods.
- Mixing of all the materials together following the recipe in collaboration with all the participants.
- Allowing it overnight to go through processing.



Session Two: Javel production

- Outlining of the different materials to be used for javel production
- Explanation of the detail procedure of javel production to all participants.
- Mixing of all the materials together following the recipe in collaboration with all the participants.
- Allowing it overnight to go through processing.



Session three: Bar Soap (Savon) production

- Outlining of the different materials to be used for Savon production.
- Explanation of the detail procedure of Savon production to all participants.
- Mixing of all the materials together following the recipe in collaboration with all the participants.
- Allowing it overnight to harden and go through processing.

➤ **Question and answer Session**

➤ **End of Day One**



Day Two: Wednesday 27th September 2023

➤ Day 2, Session 1

- Welcome of all participants by Beh Elvis on behalf of Fresh hope Foundation.
- Brief recap of day one Sessions.
- Unveiling of processed Liquid soap.
- Adding Color to it.
- Bottling of the liquid Soap
- Displaying the final product.



Day Two: Session Two

- **Unveiling of the processed Savon.**
- **Cutting into sizable cubes.**
- **Displaying the Savon.**



Day Two: Session Three

- Unveiling of the process Javel.
- Bottling of the processed Javel.
- Displaying on the table.



CONCLUSSION AND CLOSING

- Next was a general question and answer session from all the different participants concerning the production process and clarification of doubts by the trainer.
- Award of training attestations
- Distribution of produced detergent to all participants
- Distribution of the Practice materials to the various groups to ensure that they practice what they have learned at home.
- Taking of group phot.
- Receiving positive feedback from two delegated participants on behalf of all participants.
- Closing and departure.




FOLLOW UP/MONITORING PLAN

- The participants were divided into groups and given materials to practice within their groups
- The different groups were given a maximum of two weeks to organize a practice session within themselves and invite the fresh hope foundation to come observe.
- Group heads were appointed to the different groups for better accountability.
- A WhatsApp group was created with the trainer included to better follow up, monitor and attend to issues that might arise in the course of their practice of the acquired knowledge



CHALLENGES ENCOUNTERED

- None availability of team members.
 - Late coming of participants.
 - Insufficient funds.
 - Scarcity of Resources.
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RECOMMENDATIONS

- More Team Members should always make themselves available each time we have a project.
- To avoid late coming of participants, we should always emphasize on time strictness and do well to always keep to time.
- We recommend that next time we can make more funds available so that we can also empower participants with start up capital to practicalize the acquired skill and start making money from it right away.

IMAGES OF SOME FINAL PRODUCTS ON DISPLAY



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